

Outcome	Action to achieve outcomes	Customers	Person responsible	Performance
OUTCOME 1. People adopt healthier lifestyles and stay healthier for longer				
1. Provide support for smokers who want to quit 2. We will reduce exposure to second hand smoke 3. We will support people who want to lose weight 4. Develop opportunities for people to participate in physical activity 5. Develop community food initiatives to promote healthy eating 6. We will support campaign to promote sensible drinking 7. We will support people with mental health problems to return to work 8. We will develop range of initiatives to increase the health and well being of older people and sustain independent living	SMOKING Provide Stop Smoking Services Provide information on smoking and local services Provide venues for Quitters Sessions Support No Smoking Day and publicise current message in preparation for smoking legislation OBESITY (Physical Activity & Nutrition) Support Eat to Live Support 5 a day programme in schools Cook & Eat session extended to residents from sheltered accommodation	Smokers Smokers All All Residents of Test Valley Allamein Residents School pupils Those in sheltered Housing	Rob Carroll & Wendy Bennett All All All Jean Lannie & Group HCC Education & Group Testway Housing, PCT's	Ongoing – Monitor quarterly Info on TVBC Website, TV News & via public events etc TVBC Coffered facilities, Staff course was run in Andover - Was opened to all Info on TVBC Website, TV News & via public events etc Application to FSA for extension of scheme to TV South

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	Develop and disseminate information of recipe book to families on low income in Andover	Families in Andover	Rob Carroll & Jean Lannie				
	Support LPSA2 initiatives for childhood obesity	School children	All	Cook & Eat sessions			
	Continue to support health walks programme	Residents of Test Valley	Verna Brown	5 walks per week. New walk leaders desperately needed			
	Community informal exercise	Residents of Test Valley					
	Support LPSA2 physical activity		Get Active input				
	Support development of school travel plans	School pupils	Transport Group				
	OUTCOME 2 Children & Young people will begin a healthy start in life						
					Provide Stop Smoking Services	Smokers	Rob Carroll & Wendy Bennett
Provide information on smoking and local services					Smokers	All	See Outcome 1
Provide venues for Quitters Sessions					Smokers	All	See Outcome 1
Support No Smoking Day and publicise current message in preparation for smoking legislation					Residents of Test Valley	All	See Outcome 1
Support Eat to Live	All in residents	Jean Lannie & Group	See Outcome 1				
Support 5 a day programmes in schools	School pupils	HCC Education & Group	See Outcome 1				

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enhanced healthy schools status.	Cook & Eat session extended to residents from sheltered accommodation	Those in Sheltered Housing	Testway Housing, PCT's	See Outcome 1
	Develop and disseminate information of recipe book to families on low income in Andover	Families in Andover	Rob Carroll & Jean Lannie	See Outcome 1
	Support LPSA 2 Physical Activity	School pupils		
	Support development of school travel plans	School pupils	Transport Group	
	SEXUAL HEALTH			
	Ensure Romsey Clinic is fully utilised	Young People	Kate Donohoe (SWHants PCT)	
	Support Get it On Condom Scheme	Young People	Kate Donohoe & Rob Carroll	
	Provide free pregnancy settings in Community settings	Young people	Rob Carroll	
	Ensure condoms are available from a variety of settings	Young people	All	
	Develop initiative to promote positive sexual health in Healthy Living Centres	Young people	TVBC	
	Support Condom Week and world AIDS day	Residents of Test Valley		

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<p>Outcome 3: People in the most deprived ward of Test Valley will have improved health and life expectancy</p> <ol style="list-style-type: none"> 1. Ensure that all health improvement actions within H&W Plan target at-risk population groups and/or neighbourhoods in order to reduce and not widen health inequalities. 2. Support recommendations from the TAP project. 3. We will support people who want to lose weight. 4. Develop opportunities for people to participate in physical activity 5. We will provide support for smokers who want to quit. 6. Develop community food initiatives which promote healthy eating 7. Link with LSP Education & Lifelong Learning Group to increase educational attainment. 8. Link with LSP Local Economy Group to 	<p>Pilot Health Trainers in the Alamein Ward</p> <p>Outreach session in Alamein Ward</p> <p>Ensure HVT training programme for new mums include information about accidents</p> <p>Fuel Poverty – Work with all partners in forum & PCT to raise awareness & provide help to those in need, need to be given strategic priority for all organisations</p> <p>Support HC Electric blanket testing programme which link to swell</p>	<p>Alamein Residents</p> <p>Alamein Residents</p> <p>New mums</p>	<p>Rob Carroll</p> <p>CAB</p> <p>Louisa Rice</p> <p>All</p>	<p>2 Health Trainers are now operational within the Alamein Ward.</p> <p>One health walk – Thursday runs from KAW - This has now been cancelled, trying to attract new walkers & volunteer walk leaders in area.</p> <p>3 sessions per year linked to Health Visitor Programme – Andover only currently</p> <p>Ongoing work, training available for frontline staff, those dealing with vulnerable clients in identifying those in fuel poverty. Talks/presentations also offered. Extended to link with HFRS Home Fire Safety Scheme</p> <p>Two SWELLEvents in Andover, Romsey in autumn. 500 contacts. Blanket tested in Andover. In 2007 blanket testing in Romsey – SWELLEvents to</p>

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<p>increase opportunities for meaningful employment in Test Valley.</p> <p>9. Link with LSP Transport Group to develop access to services.</p> <p>10 Link with LSP Community Safety Partnerships to support initiatives that encourage sensible drinking</p>				ber into coincide. Romsey Event 10 th Oct 07
	Provide Stop smoking Services	Smokers	Rob Carroll & Wendy Bennett	See Outcome 1
	Provide information on smoking and local services	Smokers	All	See Outcome 1
	Provide venues for Quitters Sessions	Smokers	All	See Outcome 1
	Support No Smoking Day and publicise current message in preparation for smoking legislation	Residents of Test Valley	All	See Outcome 1
	Support Eat to Live	All in Residents	Jean Lannie & Group	See Outcome 1
	Support 5 day programme in schools	School pupils	HCC education and group	See Outcome 1
	Cook & Eat session extended to residents from sheltered accommodation	Those in Sheltered Housing	Testway Housing, PCT's	See Outcome 1
	Develop and disseminate recipe book to families on low income in Andover			See Outcome 1
	Continue to support health walks programme	Residents of Test Valley	Verna Brown	See Outcome 1
	Community informal exercise	Residents of Test Valley		See Outcome 1
	Support LPSA2 Physical Activity			See Outcome 1

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	Support development of school travel plans	School pupils	Transport Group	See outcome 1
	ALCOHOL			
	Provide alcohol awareness training for people working with young people and other vulnerable groups	Workers who support vulnerable people	Rob Carroll	
	Link with CDRP to ensure an understanding of the health issues of alcohol misuse	Residents of Test Valley	Chair & Co-ordinator, Janie O'Rielly	
	Develop alcohol work in the Healthy Living Centre	Young people	Test Valley Borough council & Youth Service	
	Ensure accurate information is available throughout Test Valley	Residents of Test Valley	All	
Outcome 4: People have access to information and advice to improve their health & wellbeing. <ol style="list-style-type: none"> 1. Work with local service provider to achieve 48 hours access to GP's and sexual health services. 2. Continue to support the Health Walks Scheme. 3. Link with LSP Leisure & Culture Group to promote and develop opportunities for people to participate in physical activity. 	Ensure Romsey Clinic is fully utilised	Young People	Kate Donohoe (SW Hants PCT)	See outcome 2
	Provide free pregnancy settings in Community settings	Young people	Rob Carroll	See outcome 2
	Ensure condoms are available from a variety of settings	Young people	All	See outcome 2
	Continue to support Health Walks programme	Residents of Test Valley	Verna Brown	See outcome 1
	Support EattoLive	Alamein residents	Jean Lannie & Group	See outcome 1
	Support 5 day programme in schools	School pupils	HCC education &	See outcome 1

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<p>4. Link with LSP Transport Group to develop access to services.</p> <p>5. Continue to provide support for those needing information on issues relating to Fuel Poverty.</p> <p>6. Continue to provide support and information that will contribute towards the health & well being of older people.</p> <p>7. Provide stop smoking services</p> <p>8. Develop Community Food initiatives to promote healthy eating.</p> <p>9. Support people with mental health problems to return to work.</p> <p>10. Support campaign to encourage sensible drinking.</p>	Cook & Eat session extended to residents from sheltered accommodation	Those in sheltered housing	group	See outcome 1
	Develop and disseminate information on low income in Andover	Families in Andover	Rob Carroll & Jean Lannie	See outcome 1
	Support LPSA2 initiatives for childhood obesity	School children	All	See outcome 1
	Community informal exercise	Residents of Test Valley		See outcome 1
	Support LPSA2 Physical Activity		See outcome 1	
	Pilot Health Trainers in the Alamein Ward	Alamein Residents	Rob Carroll	See outcome 3
	Outreach session in Alamein Ward	Alamein Residents	CAB	See outcome 3
	Fuel Poverty – Work with all partners in Forum & PCT to raise awareness & provide help to those in need, need to be given strategic priority for all organisations.			See outcome 3
	Support the HCC electric blanket testing programme which links to SWELL			See outcome 3
	Initiatives for the elderly to provide mental stimulation/access to services, tackle social isolation			See outcome 3
Provide Stop Smoking Services	Smokers	Rob Carroll & Wendy Bennett	See outcome 1	
Provide information on smoking and local services	Smokers	All	See outcome 1	

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	Provide venues for Quitters Sessions	Smokers	All	See outcome 1
	Support No Smoking Day and publicise current message in preparation for smoking legislation	Residents of Test Valley	All	See outcome 1
	Provide Alcohol awareness training for people working with young people and other vulnerable groups	Workers who support vulnerable people	Rob Carroll	See outcome 3
	Link with CDRPsto ensure an understanding of the health issues of alcohol misuse	Residents of Test Valley	Chair & Co-ordinator, Jamie O'Rielly	See outcome 3
	Develop alcohol work in the Healthy Living Centres	Young people	Test Valley Borough Council & Youth Services	See outcome 3
	Ensure accurate information is available throughout Test Valley	Residents of Test Valley	All	See outcome 3
	MENTAL HEALTH ISSUES			
	Help employers to understand issues in the workplace	Work Places	Banhim & Mind	
	Employment programme for people with Mental Illness	Those with mental illness	MIND (Eastleigh)	
	Provide Healthy Minds in the workplace (training in local employers)	Workplaces	Rob Carroll	
	Support World Mental Health Day	Residents of Test Valley	All	