

Test Valley LSP

HEALTH & WELLBEING GROUP

Tuesday 11th July 2006,
Mountbatten Room, Crosfield Hall, Romsey
2.30-4.30pm

Present

Derek Overfield	Verna Kempthorne
Louisa Rice	Janet Blann
Dawn Elson	Lesley Rattue
Cllr Sandra Hawke	Rob Carroll
Bob Coates	Marion Woods
Monica Lanaghan	Cllr Dorothy Baverstock
Debbie Voller	Karen Baker (SUHT)
Sarah Marsh (SUHT)	

Apologies

Laura Taylor	Bernard Sully
Sue Tippett	Ange Moon
Charlotte Malyon	Christine Jackson
Jean Lannie	Jill Bentall
Simon Bryant	

Cllr Dorothy Baverstock was welcomed to the meeting.

Minutes of the last meeting

These were considered to be an accurate account of the last meeting.

Matters Arising

Derek reported that the Andover Food Bank have given out 74 boxes since last April and now have between 8-19 agents who help.

Alex Burn will attend the next meeting.

Maternity Service Review – Presentation by Sarah Marsh & Karen Baker

A presentation was given, copies of which are available as hard copies from Debbie.

The following points were raised over the number of births that occur in Romsey Hospital:

- Home births are reported to be on the increase although national rate is 3.2%.

- Women are tending to have babies at an average older age, therefore they are regarded as a high risk, this means they need to have their babies in a hospital unit.
- Concern was raised that breastfeeding rates may be affected by ward closures although it was stressed that women value post-natal experiences.

Bosom Pals meet at the Baptist Church in Bell Street which is hugely successful.

Action Plan Update

There are 5 areas of priorities

Verna, Rob & Simon had worked on the Action Plans for the priorities and asked for feedback.

Tackling Health Inequalities

Alamein Ward is the 6th most deprived ward in the county but it is important to remember that Hampshire has far less deprivation than other areas of the country. The Romsey area should still be taken into consideration.

Simon, Verna & Rob expressed that they are aware of other organisations who can contribute to work on the priorities, eg Testway Housing is a partner for the Alamein Ward/St Mary's area. TAP & TVCS are also involved in a lot of work in the area.

Test Valley Borough Council's business plan are looking to start PNA work in Romsey. Healthy Romsey Group need to be added to the priority group.

Healthy Romsey fits a lot of the boxes. It was recognised that there are a lot of groups around but people need to be made aware of them.

Free school meals is not a good indicator of deprivation but there is no better at the moment. 6% of children live in households which are uneconomically active.

It was suggested that Carol Gerrett (nurse?) who works in the Romsey area should be invited to future meetings, Anne Meader will send her contact details **Action – Anne Meader**

The TV Sport & Physical Activity alliance need to form some type of framework as work is overlapping.

Smoking

This is the biggest killer and the Government initiative of no smoking in the working environment is a help.

Rob & Bob are working with Andover and Winchester Hospital to make them totally smoke free. The project will commence in October 06 and learning from this will hopefully help in other areas. The NHS are not smoke free at present.

Teenagers are a problem to tackle as they do not see the programmes (QUIT) who target schools, they give support and prevention for school children.

danger to themselves. There are programmes and smoking

Shock Statistics could be used with the LSP to encourage the agenda for the next Board meeting

to put smoking issues on the
Action – Marion/Rob/Bob

Tackling Obesity

The obesity rate for Test Valley is considered high in that only 1/3 of the population are eating a healthy diet.

ults at 22.5%. It has been reported

Various projects are aimed at tackling obesity in Nutrition

in schools, Eat to Live, Food Bank

It was also stressed that nutrition & diet need to be addressed with older people as many are malnourished and this would also help tackle inequalities.

The healthy food fayre will be in Andover on 17th September, Hampshire farmers market have locally produced food there. A meeting is being held today to plan this event. Andover Family Learning will also be involved in this event.

Weight Management Service has applied to the Lottery Fund for funding.

Sexual Health

There are differences between the sexual health data for Borough Statistics only County. Specific Wards in Andover with the highest under 18 conception rates in England.

or Romsey and Andover. There are no rare within the top 20% of Wards

Rob will send Sandra more information on the figures in the area.

Action – Rob

This is not a subject which is tackled by many local agencies and the group agreed that more work was needed with sexual health in over 25's.

HIV statistics have been withheld but there have been around 30 cases in the Test Valley area and this increases each year, it was also noted that only about 1/3 of people with HIV are diagnosed.

Rob will bring more data to the next meeting and also invite Charlotte from the PCT who is a specialist in sexual health.

Action – Rob

Mental Health

An Employment project in Romsey 'The Solent Group', are those with mental health needs and gave a presentation contact the Solent Group and City Limits to establish the purpose of their work.

working in the area to find work for to GP's.

Action – Vernato

Alcohol Abuse

458 hospital stays this year have needed due to alcohol problems in the area although this figure is good by national average.

blems in the area although this figure

40% of adults are binge drinking.

There is a perceived lack of help for people with alcohol problems. Mental Health promotion can address some drinking problems.

problems. It was also suggested that

It was suggested that the group look at the priorities that appear to be gaps in service.

urther at the next meeting as there

Action – Derek – Agenda Item

TAP

A second networking lunch was held on 8th June in the Entertainer with about 50 people attending. There were 4 short presentations on work which is being carried out in the Alamein Ward area.

which is being carried out in the Alamein

The TAP Steering Group meeting followed the lunch where the group looked at the empty shop in King Arthurs Way and discussed future possibilities. 2 Sub Groups have been set up to take this work further.

here the group looked at the empty
2 Sub Groups have been set up

Any Other Business

It was suggested that there are lots of service providers that the group do not know about and these should be invited in the future to speak to the group about what they do.

st that the group do not know about and
roup about what they do.

Date of next meeting

12th September 06, 2.30–4.30 TVBC, Beech Hurst, Andover, Conference Room 5

er, Conference Room 5