

**Test Valley LSP  
Health & Wellbeing Group,**

5<sup>th</sup> June 2008, 2.00 – 4.00pm  
Conference Room 2, Beech Hurst, Andover

**Present**

Christine Jackson (Chair)	Hampshire PCT, Area Director of Public Health
Verna Brown	TVBC, Health Policy Manager
Louisa Rice	TVBC, E & H Promotions Officer
Dr Sue Tippet	Hampshire PCT/ GP Nightingale Surgery
Cllr Sandra Hawke	TVBC, Councillor
Janet Blann	TVCS, Chief Executive
Laura Rothery	Hampshire PCT,
Anne Meader	Carers Together, Secretary
Doreen Thomas	Testway Housing, Lifestyle Promoter
Rob Carroll	Hampshire PCT, Health Improvement Partnership & Programme Manager

**Apologies**

Cllr Dorothy Baverstock  
Monica Lanighan  
Mollie Antrobus  
Debbie Voller  
Lynne Yeats

**Matters arising from Minutes of last meeting**

The Winchester & Eastleigh Occupational Health Service workplace focus will now be skeletal injury for caterers, not stress in the workplace as was previously reported.

Christine Jackson passed around the HCC Adult Services Delivery Plan received from Steve Garnett (Test Valley District Service Manager). Debbie will forward a copy to the Group.

A query over the meaning of the Andover Healthy Living as mentioned by Steve will be followed up by Verna.

**Action – Verna**

Verna has been unable to date to follow up the action to meet with Steve regarding the Drop-in Services.

**Action – Verna**

A 'Trigger Tool' has been produced to aid people working with older people in their homes. The Tool provides workers with a list of contact agencies who are able to offer aid and support to older people. A pilot roll out is taking place in TV South and Totton prior to a Hampshire wide roll out in the Autumn. Anne Meader is running training sessions to inform workers how

to use and promote the trigger tool information, these workers are encouraged to cascade within their organisations.

The elected representative to sit on both the TV South Locality Forum and the Health & Wellbeing Group is still to be identified.

A TV North Locality Forum Group is still to be established. Mollie Antrobus will be able to help pull this together with support from the group. Sue Tippett will help engage GP Practices. WEHCT need to be involved, Sandra will approach the Chief Exec on this. The TV South Locality Forum Terms of Reference can be used as a framework.

**Action – Verna/Christine/Mollie/Sue**

Work on Older Peoples Wellbeing is continuing and feedback from Alex Burn is that TVBC are well advanced and working directly with this group. Verna and Louisa to meet with Caroline England from the HCC Older Peoples' Wellbeing Team in August to look at how this work can be further progressed.

### **Children & Young People - update**

Unfortunately Lyn Penny was unable to attend to present an update on the Test Valley Children & Young People Plan. In place Verna made a brief presentation on the Childrens Centres (See attached). Consultation with parents/carers and Practitioners on the phase 3 roll out of the children centre programme is underway a meeting will take place at Longstock Village Hall on the 10<sup>th</sup> June.

**Bring forward agenda item:** Representatives from Children Services to present on CYPP and Children Centres.

### **Update on Smoking Prevalence and Cessation activities in Test Valley – Laura Rothery**

Laura gave an inspiring presentation of this service. Smokers are 4 times more likely to succeed if they quit with the support of the smoke cessation service, current success rates in PCT area are 55% and those using NRT 60%.

Test Valley smoking prevalence is 20% lower than the national average. A report for 2007 with a breakdown of age/sex/gender is currently being pulled together.

Smoking Cessation Clinics are now offered as more of a drop-in with flexibility around clients needs. There is also a text and telephone support service offered (text quit 2123)

Andover is a current smoking cessation hotspot with 4 clinics, but few pharmacies engaged. Several workplaces/supermarkets are also running work place sessions. Andover Quit for Life – Fit for Life has received good media coverage.

For younger people a quit smoking trailer is available and this shows them how they will age as a smoker, appealing to their vanity.

Laura offers support for practice Managers/Pharmacies to work with the quit for life cessation team.

Janet offered a slot to publicise the service in Test Valley Messenger.

Laura distributed posters/flyers and pull out clinic details to the group, if any other agency would like these to promote, contact Laura.

### **Action Plan**

Verna presented an amended version of the Health & Wellbeing Action Plan, which was agreed by the Group. Copies are available from Debbie Voller, [dvoller@testvalley.gov.uk](mailto:dvoller@testvalley.gov.uk)

### **Any other Business**

Sue had heard that the Sexual Health clinic at Youth in Romsey might be discontinued and raised her concern with the group. Christine and Rob confirmed that the clinic was not about to cease.

Carers Together have successfully secured government funding from HCC to support 3 members of staff to provide emergencies support for carers.

Doreen informed the group of the success of Dave Kane's sedentary exercise equipment programme which is linking to all sheltered housing.

The Amport Ward older peoples wellbeing work named Out of Town is progressing well. A steering group of interested parties is linking with Project Worker Mandy Ganter. On the 30<sup>th</sup> July an information and activity day will take place at Grately Village Hall, aimed at 50+, transport is provided by TVCS and Club Hampshire/ Details will be circulated to the Group.

#### **Action – Louisa**

Verna has met with Mike Chambers (HCC) to discuss Hampshire Supporting People, strategic review of older peoples services. Mike will be attending the next Health & Wellbeing meeting to present his work.

Age concern, Help the Aged, TVBC, TVCS, Carers Together and interested groups are working to establish an Older Peoples Forum for the Southern Parishes. An inaugural meeting will take place on the 18<sup>th</sup> August, 2.00 pm at Age Concern Hall. On the agenda will be affordable warmth, local transport and the next steps in setting up this group.

Janet updated on the Turnaround Project and the Askalot Shop. Funding has been secured for a one year post of Shop Manager seen as vital to continue the good work at the shop, sometimes specific needs are not being met on the spot if the relevant agency is not on-site, although a supportive referral mechanism is in place.

The Baddesley Community Drop-in shop is now open, Verna will provide an update for the next meeting.

#### **Action – Verna**

The shuttle bus between Andover and Winchester Hospital provided by Private Company AMK launches on 5 June 08.

**Bring forward Agenda Item:** Colin Hardy will be attending the next Health & Wellbeing Group to present work on the Aiming High for Disabled Children agenda.

**Bring forward agenda item:** Representatives from Children Services to present on CYPP and Children Centres.

Mike will be attending the next Health & Wellbeing meeting to present his work.

**Date of next meeting**

**Tuesday 30<sup>th</sup> September 2.00 – 4.30 pm, Crosfield Hall, Romsey.**

Future meetings are to be booked for 2 ½ hours duration.