

**Test Valley LSP  
Health & Wellbeing Group**  
Tuesday 9<sup>th</sup> June 2009, 2.00 – 4.30 pm  
Conference Room 5  
TVBC, Beech Hurst, Andover

**Present**

Christine Jackson (Chair)	HPCT, Area Director, Public Health
Verna Brown	TVBC/HPCT, Health Policy Manager
Debbie Voller (Admin)	TVBC, Public Health Assistant
Mike Chambers	YOU
Doreen Thomas	Testway Housing, Lifestyle Promoter
Rev Derek Overfield	BANHIM, Industrial Chaplain
Madina Boyo-Jalloh	TVBC/ HCC Community Development Officer,
Louisa Rice	TVBC, Health Promotions Officer
Cllr Sandra Hawke	TVBC, Councillor
Janet Blann	TVCS, Chief Executive
David Tasker	TVBC, Head of Service, Leisure & Wellbeing
Rachel Chun	Improving Health Project
Rob Carroll	HPCT, Health Improvement Partnership & Programme Manager
Anne Meader	Carers Together, Secretary
Samantha Hudson	HCC
James Moody	TVBC, TV Partnership Manager

**Apologies**

Mollie Antrobus, Sue Muldowney, Susie Thornley, Sal Wright, Cllr Dorothy Baverstock, Ian Cross

**Minutes of last meeting**

The MIND conference took place on 20<sup>th</sup> May, it was a successful event with 25 people attending. Further feedback can be obtained from MIND.

The SPAA Action Plan will be brought forward for the September agenda. The plan is still in draft form at present.

**Bring Forward**

The Innovations Project will be rolled out in Southern Test Valley by March 2010.

The alcohol project has been active in commissioning the Solomon Theatre to offer educational productions in all secondary schools which demonstrates the consequences of alcohol misuse. Parent evenings have also been taking place with the aim of raising awareness of the damaging effects of alcohol misuse amongst young people but to date they have not been well attended.

Leaflets have been distributed to schools for the children and parents.

The Bluetooth system is now running, this is a method of disseminating health messages re drinking to mobiles, this is a free service.

Derek reported that Andover College has held 2 open evenings focussing on alcohol misuse with representatives from the Police and prison, the evenings were targeting 16-18 year olds and proved to be successful. Derek has contact details for the Prison Service and will forward these if requested.

Faye Bradley from The Lights at TVBC is investigating ways that theatre groups could engage with schools through peer work. PUSH funding via Jan Leffley is available but only covers southern Test Valley parishes. Louisa will investigate if PUSH funding is available Borough wide.

**Action – Louisa**

A presentation from LINK was requested for the next Health & Wellbeing meeting, Anne will send Verna contact details for Amanda Hames.

**Bring Forward**

### **Improving Health Project – Rachel Chun**

The Hampshire Partnership Trust have received 3 years of funding from the Big Lottery to fund part of chances for change portfolio which covers the whole of Hampshire. The work has been running for 1 year. The service targets individuals who are suffering with issues related to Mental Health.

The project workers have been given basic mental health awareness training to work with clients on a 1 to 1 basis or a group. Their main aim is to assist people to access services in the community to improve social inclusion.

Rachel Chun, the Project Manager, is based in Southampton, Katrina, the project worker covers the TVBC area. They have a target to engage with 1000 clients in TV area over the 3 year period.

Verna suggested that it would be good for Rachel to attend the newly formed Andover Locality Health Forum to inform them of the work and Anne suggested attendance at the South Locality Forum and also the next network lunch in Romsey, date to be confirmed.

Rachel reported that part of their work includes activities such as taking clients swimming and Cook & Eat sessions delivered with a community dietician in attendance.

Rachel reported that there are referral issues for clients to the project in the Andover area, in that referrals currently are referred to the project through MIND which has caused some difficulties in the referral process (Arrangements for the referral process was stipulated in the initial Big Lottery application). Anne suggested that Rachel approaches the Big Lottery Fund to request a 'variation' which could free up this criteria. Rachel will speak with Lesley Herbert and Penny Kirk who are the Managers for the project to inform them of this option. Rachel and her team are also trying to forge links with the PCT/ GP's to capture clients with mental health

needs who are not formally diagnosed to ensure all clients can be accessed. Verna will meet with Rachel to see if she can assist with the smooth running of the local delivery of the project.

**Action – Verna/Rachel**

### **Locality Health Forum – South Test Valley – Anne Meader**

Services at Romsey Hospital should be hugely improved by the appointment of a medical officer on site, hopefully by September and structural changes.

The Forum is looking to have an Action Plan and a sub group has been set up to take this further.

Anne reported that a new NHS dentist has opened in Romsey, please contact Anne for further details.

The 1<sup>st</sup> Networking lunch took place on 22<sup>nd</sup> April at Woodley Hall in Romsey and proved to be a big success with over 40 attendees, There was one main speaker and several people spoke about work that they do, and gave details of what is happening in the community. The next network lunch will take place on 21<sup>st</sup> July at the same venue.

322 people took part in the Health & Wellbeing Awareness Day and 27 organisations were involved. Health checks were available on the day.

The Locality Forum will join LINK as a Group and Anne will give further feedback on this at the next Health & Wellbeing meeting.

**Action – Anne**

The Romsey Hospital Manager, Karen Cubin, is leaving to work for the Andover Locality. An Eastleigh and Romsey Locality Manager is to be appointed rather than a TV Manager. Anne has written to express her concern on behalf of the Romsey Locality Health Forum.

OPAL (Older Peoples Area Link) are volunteers who work with people isolated or housebound implemented via neighbourcare groups. Romsey will link OPAL to RADISH to use their volunteers to deliver.

### **Locality Health Forum – North Test Valley – Verna**

3 meetings have now taken place which are held at Andover Memorial Hospital.

The Health & Wellbeing Group's Action Plan has been shared with the Group giving an insight to its priorities. As yet, there is no action plan for the Locality Forum, it is more of an information sharing/ networking group.

Presentations have been given from CMHT, PBT and Dave Tasker gave an insight of work around Leisure Services in Test Valley. Dave suggested that a meeting is set up with Valley Leisure via the Health Forum re access to services such as Andover Leisure Centre and Romsey Rapids. Dave will discuss this further with Christine.

**Action Dave/Christine**

As Sue Tippet has now stood down from the Group, a replacement Locality GP Lead is needed. This will be brought to the next meeting **Bring Forward**

### **Action Plan Update – James Moody**

James tabled a new version of the Health and Wellbeing Action Plan. The plan was still in draft form and lots of information from the previous plan has not been populated as yet.

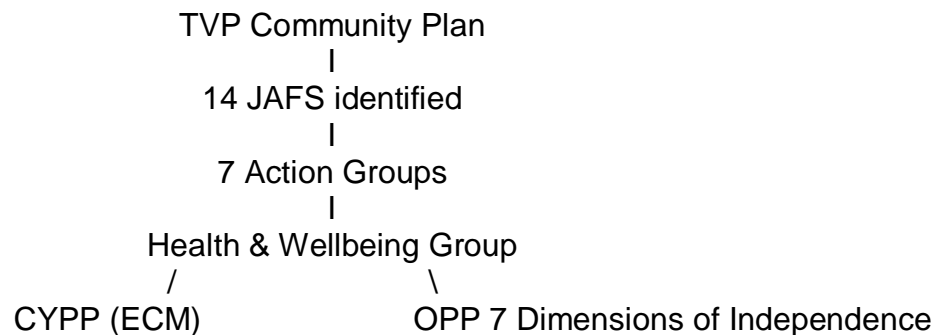
A series of workshops have been run and as a result the new format of the plan incorporates the 14 JAFS that were identified at these workshops.

James explained that the commitments to action need to be definite items that can be taken forward within the next working year as the plan needs to be a live document.

All LSP Groups will be working to plans with the same format. The plan will also be complimented by the CYPP and Older Peoples plans.

James expressed that if any one from the Group feel that any items have been omitted, a back page can be devised which will incorporate this.

The new Action Plan needs to be presented at the next TV Partnership Board meeting in July, James therefore asked for any comments or additions to be sent to either himself or to Debbie as soon as possible.



### **Any other Business**

Anne reported that an event 'Planning Time for you' will be held on 7<sup>th</sup> July in Winchester. Information on the event has been circulated to the Group, contact either Anne or Debbie for details.

Anne reported that Caring with Confidence is a national programme for supporting carers. The 1<sup>st</sup> course will be held in Romsey as Carers Together have the contract to train for 2 years. Contact Anne for further details.

Anne stated that it would be useful to have a speaker on CAF for Adults at a future meeting, Stephen Godfrey was suggested.

**Bring Forward**

Major changes to Southampton hospital catering are taking place. The hospital will engage Steamplicity whose staff are employed to bring food into the hospital.

Louisa reported that she has funding working with the Hampshire & IOW Alliance for smoke cessation work within the Alamein Ward. Work with the Knights Enham Junior School is due to take place in July to encourage a smokefree environment.

Brief intervention training for Quit 4 Life will be taking place on 17<sup>th</sup> June in Andover, TVBC, Debbie will send details to the group.

**Action – Debbie**

Louisa reported that ‘Get Active’ event will take place on 26<sup>th</sup> July at Romsey Sports Centre, this is a free event which links with the build up for the 2012 olympics.

Madina reported that a workshop for Gypsy and Travellers took place and will send a report for distribution to the Group

**Action – Madina**

The BME Forum will be having a 3<sup>rd</sup> meeting in July, feedback from this will be given at the next meeting in September.

Derek reported that he is involved with the Mental Health Policy work which look at the race equality programme.

Rob reported that on 6<sup>th</sup> June the Hampshire Teenage Pregnancy Partnership held an event in Andover to help identify needs.

The PCT NHS Hampshire commissioned a comprehensive sexual health needs assessment survey across Hampshire in which young people were consulted, this will high light the needs of the Andover locality.

A Stakeholder event will be held on 15<sup>th</sup> July for the Andover Wellbeing project.

Sue Gilbert from Teenage Conceptions has been invited to the next Health & Wellbeing Group meeting.

**Bring Forward**

### **Dates of next Meetings**

**Tuesday 22<sup>nd</sup> September, 2.00 – 4.30 pm, Crosfield Hall, Romsey**

**Tuesday 8<sup>th</sup> December, 2.00 – 4.30 pm, Conf Rm 5, Beech Hurst**

<b>Bring Forward items</b>	<b>Contact Details</b>	<b>Attendance date at HAWG</b>
SPAA Action Plan		
LINK –	Amanda Haynes	
Locality GP Lead for HAWG	Dr John Hughes	
Teenage Conceptions – Sue Gilbert	Sue Gilbert	

COPD Update		
CAF for Adults –	Steven Godfrey	
Workplace Conference - MIND		