

**Test Valley LSP
Health & Wellbeing Group**

Monday 9th July 2007,
Beech Hurst, Andover
2.00–4.00pm

Present

Derek Overfield (Chair)
Verna Brown
Dr Sue Tippett
Cllr Sandra Hawke
Rob Carroll
Sue Sheppard
Doreen Thomas
Lynne Yeats
Debbie Voller
Dave Tasker

Apologies

Laura Taylor	Christine Jackson
Carol Gerrett	Richard Watson
Janet Blann	Anne Meader
Monica Lanigan	Jill Bentall
Dawn Elson	

Minutes of last meeting

These were considered to be an accurate account of the last meeting

Matters Arising

Verna invited Richard Watson from Hampshire Youth Services to the Group, he sent his apologies on this occasion but hoped to attend future meetings.

Doreen reported that the Eat to Live recipe booklets will be launched at the Longmeadow Centre on 18th July.

The funding bid which Verna and Louise had submitted to the Food Standard Agency was unsuccessful.

Romsey Update

Sue Tippett reported that the Nightingale Surgery where she works has been busy with patients who wish to stop smoking.

GPPracticesareprovidinghelpasagoodwillgestureat present,RobreportedthatthePCT arelookingtooffermorePracticeNursetimetopract icesinthefuture.

TheRomseylocalityforum,whichisaMultiAgencyGroupof localpriorities,isplaying successful.AsimilarforumforAndoveriscurrentlybeing considered.

TheLocalityForumhavebeensuccessfulinshowingthat hereisauseforthelandnextto RomseyHospital.Proposedservicesaretoprovideaone-stop clinic serviceatthehospital whichwillgiveelderlycare.

Healthintheworkplace

DerekhadacopyoftheHealthStrategyandtabledcopyofapageontheHealthy WorkplaceCode.(Seeattached)

The8workplacecodesinclude:

1. Adoptasmokefreepolicy
2. Ensurehealthyeatingoptionsatthepriorychoice provided
3. Promoteactivetravellingtoandattheworkplace
4. Developasubstancemisusepolicy
5. Promotementalwell-being
6. Adoptamanagementandworkculturestylethatincreaseseffectivenessatworkand reducesstress
7. Reduceinjuriesandpromotesafety
8. Widenheremitofoccupationalhealthandhumanresources.

ThegroupconsideredthatthestrategycouldbesentouttobodiesofemploymentintheTest Valleyarea,althoughitwasfeltthatsomeformofback upwouldalsobeneeded.Itwas agreedthatfurtherconsiderationanddiscussionbythegroupwouldproveuseful.Fordetails regardingCommunityInvestmentFundrelatingtoactivitiesintheworkplace,visit www.sportengland.org/index/get_funding.htm

VernawillcontacttheJobCentrePlustoenquirewhat servicestheyprovide. **Action–Verna**

AndoverVision–SueSheppard

SuegavetheGroupaninsightofherrolewithAndoverVision.

Sueiscurrentlyworkingonproducingabookletwhichwillinvolve-re-writingtheAndoverVision Bookletsothatitismoregearedtochildren,andwillhopefullyengagelocalschools.

SueaimstolinklocalschoolswithlocalbusinessesinAndover.Aseminarwillbeheldon6th March08topromoteschoolsandbusinessesstoworktogether.

ForfurthercopiesoftheAndoverVisionbookletplease contacteitherSueorDebbie.

TAP Update

The Action plan has been divided into themes and Vern Lead Officers for each theme will report back at TAP Ste meeting is scheduled for this week.

will be leading on the Health Theme. ering Group Meetings. The next

Update on SPAA – Dave Tasker

Dave gave the Group an update of the SPAA

The SPAA has been working together for approximately 1 year with members representing many agencies across Test Valley.

An Action Plan is in place and this is due for updating July. Dave will send this for the group to see when it will be requested at the meeting.

at the next meeting which will be on 10th has been updated. Specific outcomes

Dave is the Chair for SPAA and Vern also attends meetings.

The focus of the group is to encourage those who exercise times per week and also to encourage those who presently activity to try participating in some form of exercise.

3 times weekly to increase to 5 don't take part in any sporting

Exercise Referral is presently on the action plan although leadership is required.

gh further discussion on who will take

Test Valley Health Profile – Vern

Vern tabled copies of the Test Valley Health Profile tabled copies of the health deprivation in SE England Debbie.

or the Group to read. And Derek also . For further copies please contact

Any Other Business

Nothing to report

Date of next Meeting

25th September 2007, Council Chambers, TVBC, Duttons Road, Romsey.

